



100 MILE CLUB

SINCE 1993

WELCOME TO THE CLUB

Your school has sent this information home to introduce The 100 Mile Club® to you and your family.

Starting soon, participating students will go out to the playground, stretch out, and walk or run a little bit. The miles and love for running begin to build almost instantly!



Upon joining your child will receive an official 100 Mile Club® Challenge Accepted identification

During the journey toward 100 miles, your child will practice personal goal setting, team spirit, perseverance, poise, confidence, and honest self-evaluation.



Throughout the year we will offer mile credits to students who wish to participate in designated sanctioned local events. You can also visit www.100mileclub.com to learn more. These sanctioned events include charity walks and other organized walks and runs where you can join your child in their journey to reach their goals.

We look forward to celebrating your child's accomplishments both on the track and in the classroom.



When your child reaches 25 miles, he/she will be presented with a fantastic T-shirt that is designed to show off your child's accomplishments during the year.

The first milestone earned is our signature T-shirt to serve as the students' "incentive chart" which they receive after logging 25 miles, and to further reinforce the value of their perseverance a golden pencil at 50 miles and a wristband at 75. All students received a certificate of completion no matter the miles earned.



When your child reaches 100 miles, he or she will be awarded with a beautiful gold medal at our Year-End Medal Ceremony where every participant celebrates their total miles run. The value of these simple tokens celebrates milestones met of new confidence, poise, increased physical fitness levels and self-esteem for all students.